

I, Gabriele Riexinger from Baden-Württemberg, had a severe car accident on July 19th, 2014. My thoracic vertebrae was broken and was fixed with two metallic bars and four screws. The following 8 months I had to lie, so that the injuries can heal till I can stand up again. I am dancing trainer and I was in the best physical state at the time of the accident.

After I could walk again I began with a rehabilitation. In December 2016, I came to the Blu Room™ “Instatera” in Bad Mergentheim for the first time. After 4 sessions, I felt considerably better but the pain was still present. As Instatera has moved to Weimar, I came to “Blaue Pause” in Vienna from August 24th to 28th, 2017. After 5 sessions in 5 days I felt so much better than ever. I am free of pain!!!

Although I was walking through Vienna with my daughter the last few days. And another incredible change: till now I had to lie down a few times per day and I had to stretch my spinal column. In the last five days, I didn't have to do that and now I easily can turn from the belly to my back.

The Blu Room™ really helps me to get healthy again. It is a genius organization.